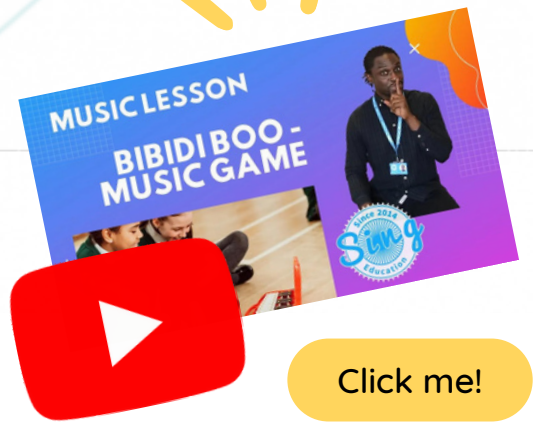




FREE: 3 Music Warm Up Activities from Sing Education

Here are three of our favourite warm ups for curricular and co-curricular music.

We use these at the start of music lessons, small group and 1:1 lessons, singing assemblies, clubs and choirs.



Bibidi Boo

This is a fun call-and-response game - a bit like 'Simon Says' but with a rhyme.

- Speak the rhyme through for the children - repeat a second time with them tapping the pulse
- Now introduce the call and response element with the children copying each line of the rhyme from you
- Once the children are confident with the rhyme, begin the game with improvised vocal elements and body percussion
- When you say 'Bibidi Boo' nobody should copy back - any one that does it out!

Words

Say what I say
 Say what I say
Do what I do
 Do what I do
Until I say
 Until I say
Bibidi Boo
 (Don't repeat!)

Examples:
"Twita woo"
"Yee haa!"
clap clap clap-clap clap





Hi Bonjour

This is a fun welcome song using languages from around the world.

- Teach this fun welcome song line by line, you singing a line first and the children singing back.
- Once the children are confident with the song, begin to teach the actions:
 - “Hi, bonjour” – Marching around in a circle (or on the spot), on the pulse
 - “Welcome” – Stop and clap the pulse
 - “Bueno Dias” – touch toes and then hands in the air
 - “Hi!” – Jump in the air with hands up
- When the children are confident with actions you could try this song in a round!

Score

Hi, Bon - jour, Shal - om, Gut - ten tag,

Wel - come, wel - come, wel - come, wel - come,

Buen - os Di - as, Buen - os Di - as, Hi!





Don Don Don

This is a fun Taiko drumming activity. Taiko drumming is a Japanese form of drumming.

For this activity, you will need some claves or drum sticks, and either drums to play or you could use PE floor spots on the floor for children to play on.

- Lay out the floor spots or drums (start with a small group of 5-7 children)
- Chant the rhyme one phrase at a time, tapping the sticks/claves on the floor or drum, following the rhythm, for the children to repeat back (words and tapping).
- Ask the rest of the class to chant the rhyme along too.
- Rotate the activity around the children, giving everyone a chance to play
- There are dynamic markings on the score - try to follow these for added musicality.

Score

3 Don don don don don don don don don don don don

4 do-ro-su-ku do-ro-su-ku do-ro-su-ku don don

5 don ka don ka don ka do-ro do-ro

6 don - su - ku don - su - ku don - su - ku don don

Hoi! don Hoi! don Hoi! don don Hoi!





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